



**The  
Diabetes Kitchen™**

Low carbohydrate, low sugar, low salt, dietitian  
approved meals and snacks.

**Making meal time easier**

The Diabetes Kitchen delivers delicious ready to eat meals, all over Australia.

Healthy, dietitian approved, meals have easy to read **carbohydrate** and **sugar** contents colour coded on the front - this makes meal time so much easier for people managing blood sugar levels.

Meals are pressure cooked using the freshest of Australian ingredients, locking in maximum nutritional value.

Meals are kept in the pantry (no refrigeration needed) and reheated in the microwave. So easy!

Phone: 1300 79 89 08

E: [info@diabetesmealsonline.com.au](mailto:info@diabetesmealsonline.com.au)

Our range includes breakfast, lunch, snacks and a delicious chocolate flavoured meal replacements for weight loss aid.

Every meal follows our strict nutritional criteria and menu changes seasonally.

We deliver to homes and offices all over Australia daily. (No contracts and free shipping over \$100)

**[www.thediabeteskitchen.com.au](http://www.thediabeteskitchen.com.au)**

