

COCOFRIO

Naturally Healthy



ADDING COCONUT MILK TO A HEALTHY DIET

Making small changes in your everyday lifestyle can have a long-term health effect with literally not much effort. Here are some ways you can implement it into your life:

CEREAL: To start your day with healthy coconut milk, replace traditional dairy milk with coconut milk.

Click [here](#) to read more ways you can incorporate coconut milk into your diet and subsequently reap the benefits.



BLACK FOREST ICE-CREAM PUDDING

Treat your guests on Christmas Day with this delicious dessert!

Ingredients

- 1 tub of Cocofrio Vanilla Sticky Date and Pecan
- 1 pack of Cocoa Powder
- 1 of the Canned Cherries/ halved
- 1 pack of Breadcrumbs

Click [here](#) for instructions on how to make this delicious treat



HAPPY FESTIVE SEASON

The team at Cocofrio wish you and your families a wonderful festive season and a happy and healthy 2020. We look forward to another successful year working with you where we continue to provide our customers with the healthiest and tastiest frozen dessert in the market place.



WANT TO BECOME A STOCKIST?



If you are wanting to provide Cocofrio to your customers please click [here](#) and contact us. A member of the Cocofrio team will be in touch to assist you with your requirements.



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