

# COCOFRIO

Naturally Healthy



## NATURALLY NEEDING ICE CREAM



Check out our latest blog where we explain why we created ice cream that satisfies your moods, cravings and actually is nutritious too. Find out why you can eat Cocofrio daily and how a scoop or two a day will help you get the good fats into your diet.

Click [here](#) to read the full story.

## COELIAC AWARENESS WEEK

March 13th - 20th is Coeliac Awareness Week, a campaign designed to highlight the importance of gluten free foods for those suffering with Coeliac disease. Coeliac Australia is dedicated to improving awareness surrounding the disease and provides support and information to Australians. That's why at Cocofrio, we love the fact that our gluten free, dairy free, FODMAP certified ice cream, caters for people suffering from intolerances, sensitivities and associated conditions. For more information regarding coeliac disease, click [here](#).



## VEGAN PANCAKES



Ingredients:  
 1 ¼ cup non-dairy milk  
 1 ½ tbsp maple syrup  
 1 tsp vanilla extract  
 1 ½ tbsp melted coconut oil, plus more for cooking  
 1 medium ripe banana  
 ½ tsp sea salt  
 2 tsp baking powder

Click [here](#) for further instructions on how to make this delicious treat.

## WANT TO BECOME A STOCKIST?



If you are wanting to provide Cocofrio to your customers please click [here](#) and contact us. A member of the Cocofrio team will be in touch to assist you with your requirements.



Vegan Friendly



Dairy Free



Gluten Free



Sugar Free



Australian Owned & Made



Fructose Friendly (SWEETENED WITH AGAVE-MILK SYRUP)



100% Organic



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