

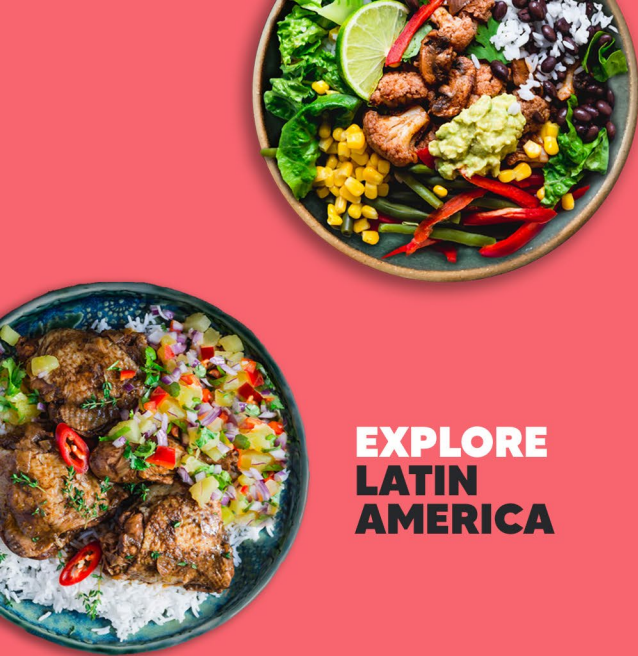
6 regions to explore,
12 countries to travel through,
36+ exciting and tasty recipes to cook!



FLAVOURS OF THE WORLD



FOOD RE-IMAGINED



EXPLORE LATIN AMERICA



MEXICAN BURRITO FOTW101

JAMAICAN JERK FOTW102



EXPLORE SOUTH ASIA



PAKISTANI BIRYANI FOTW201

SOUTH INDIAN DAL FOTW202



EXPLORE EUROPE



GREEK GYROS FOTW301

SPANISH PAELLA FOTW302



EXPLORE AFRICA & MIDDLE EAST



MOROCCAN TAGINE FOTW401

ETHIOPIAN BERBERE FOTW402



EXPLORE NORTH ASIA



CHINESE FIVE SPICE FOTW501

JAPANESE KARE FOTW502



EXPLORE AUSTRAL ASIA



THAI MASSAMAN FOTW601

MALAY RENDANG FOTW602



MEXICAN BURRITO
SKU FOTW101
CODE 9342281004836



JAMAICAN JERK
SKU FOTW102
CODE 9342281004843



PAKISTANI BIRYANI
SKU FOTW201
CODE 9342281004850



SOUTH INDIAN DAL
SKU FOTW202
CODE 9342281004867



GREEK GYROS
SKU FOTW301
CODE 9342281004874



SPANISH PAELLA
SKU FOTW302
CODE 9342281004881



MOROCCAN TAGINE
SKU FOTW401
CODE 9342281004904



ETHIOPIAN BERBERE
SKU FOTW402
CODE 9342281004898



CHINESE FIVE SPICE
SKU FOTW501
CODE 9342281004928



JAPANESE KARE
SKU FOTW502
CODE 9342281004911



THAI MASSAMAN
SKU FOTW601
CODE 9342281004935



MALAY RENDANG
SKU FOTW602
CODE 9342281004942



It's fresh, it's easy, it's healthy!

FOTW introduces winning flavours, edgy alternatives which are innovative and exciting. Home cooks just can't get enough of it, the irresistible variety and chef worthy recipes will keep shoppers coming back for more.



scan
the code



select
favourite
recipe



buy
ingredients



cook
at home

Our unique range comes with an industry leading online game changer portal offering iconic dishes of some of the world's most loved cuisines. With pantry friendly swaps, protein choices, and simple meal prep options, FOTW offers an immersive culinary journey on FOTW.COM.AU



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Established Aussie brand since 1997