

Friends of Frank

TREAT YOURSELF EVERYDAY



**ALL
VEGAN**

**NO REFINED
SUGAR**

**ALL
NATURAL**

**FRANK IS THE
KID THAT LIVES
IN ALL OF US.**





Raw Cacao
& Hazelnut

Coconut
& Maple



Orange
& Almond



Frank is the feeling of popping the perfect wheelie on your bike or the echo of the ice cream truck approaching your street.

For us, Frank is about big flavour found in wholesome treats, like our Coconut & Maple, Raw Cacao & Hazelnut, and Orange & Almond cookies. You see, each and every bite has been made with all natural ingredients and nothing artificial – bringing goodness back where it belongs so you can enjoy cookies for days.

FRANK SAYS
Yes TO EPIC
FLAVOUR AND
ALL *Natural*
INGREDIENTS
WITH NOTHING
ARTIFICIAL

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Natural
Panela

Crunchy
Almonds

GUILT-FREE TREAT

Orange Oil



GLUTEN
FREE

NUTRITION INFORMATION

Servings per pack: 8 | Serving Size: 20g (One Cookie)

	Avg. Qty Per Serving	Avg. Qty Per 100g		Avg. Qty Per Serving	Avg. Qty Per 100g
Energy	390 KJ	1950 KJ	Carbohydrate	7.8 g	38.8 g
Proteins	1.3 g	6.5 g	- sugars	4.6 g	22.8 g
Fats, total	6.1 g	30.5 g	Sodium	46 mg	229 mg
- saturated	3.0 g	14.8 g			

INGREDIENTS: Almond Meal, Organic Panela Sugar, Coconut Oil, Brown Rice Flour, Water, Potato Starch, Linseed Meal, White Rice Flour, Vanilla Extract, Tapioca Flour, Baking Powder, Salt, Orange Oil.

Made in Australia from at least 55% Australian ingredients.



Raw Cacao



Crushed Hazelnuts



Pitted Dates



GLUTEN FREE

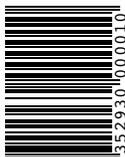
NUTRITION INFORMATION

Servings per pack: 8 | Serving Size: 20g (One Cookie)

	Avg. Qty Per Serving	Avg. Qty Per 100g	Avg. Qty Per Serving	Avg. Qty Per 100g
Energy	358 KJ	1790 KJ	Carbohydrate	9.6 g 48.0 g
Proteins	0.9 g	4.6 g	- sugars	5.7 g 28.6 g
Fats, total	4.5 g	22.5 g	Sodium	50 mg 251 mg
- saturated	3.0 g	14.8 g		

INGREDIENTS: Organic Panela Sugar, Coconut Oil, Brown Rice Flour, Pitted Dates, Water, Organic Raw Cacao Powder, Potato Starch, Hazelnuts, Linseed Meal, White Rice Flour, Tapioca Flour, Vanilla Extract, Baking Powder, Salt.

Made in Australia from at least 31% Australian ingredients.



Shredded
Coconut



Juicy
Sultanas



Maple
Syrup



NUT FREE NO REFINED SUGAR ALL NATURAL ALL VEGAN 160g

NUTRITION INFORMATION

Servings per pack: 8 | Serving Size: 20g (One Cookie)

	Avg. Qty Per Serving	Avg. Qty Per 100g		Avg. Qty Per Serving	Avg. Qty Per 100g
Energy	343 KJ	1710 KJ	Carbohydrate	10.3 g	51.5 g
Proteins	0.7 g	3.6 g	- sugars	5.4 g	26.9 g
Fats, total	3.9 g	19.3 g	Sodium	43 mg	215 mg
- saturated	3.1 g	15.3 g			

INGREDIENTS: Organic Panela Sugar, Brown Rice Flour, Rolled Oats, Coconut Oil, Shredded Coconut, Sultanas, Water, Potato Starch, Maple Syrup, Vanilla Extract, White Rice Flour, Tapioca Flour, Cinnamon, Bicarbonate Soda, Salt.

Made in Australia from at least 39% Australian ingredients.





**MADE FOR
THE BIG KID
IN YOU AND
THE LITTLE
KIDS AT HOME**

**BE A
SMART
COOKIE.
GIVE US
A HOLLA.**

**For sales enquiries, please
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