

COCOFRIO

Naturally Healthy



THE BENEFITS OF COCONUT MILK

Until recently the magic properties of coconuts, and coconut milk in particular, have been virtually ignored by Western food and health science.

Now, those properties are beginning to emerge. Cocofrio coconut milk ice cream products combine a wonderful array of features that make your choice of a delicious, new and flavorsome frozen treat easy.

Coconut milk contains omega 6 fatty acids associated with improved heart health. It is high in lauric acid, an active component in human breast milk. Lauric acid is known for its contribution to the immune system and blood elasticity. An average serving of coconut milk can provide 22 percent of daily iron needs.

To read more about the health benefits of coconut milk [click here](#)



MEDIBANK PRIVATE - COLLABORATION



Cocofrio has once again partnered with Medibank Private to promote their services and provide employees of their corporate clients with our delicious Cocofrio ice cream. Clients will be able to taste our delicious Hazelnut and Salted Caramel cones in Sydney in June.

We look forward to many more activations in the future with Medibank as they continue to promote a healthy lifestyle across the marketplace.

HOT CHOCOLATE WITH A COCOFRIO TWIST

Enjoying a big mug of hot chocolate is one of the best things about cooler weather. So why not try this creamy and delicious hot chocolate.

You will need:

1 cup coconut milk, 1 tablespoon raw Cacao powder, 1 tablespoon of pure maple syrup, 1/4 tsp of vanilla extract. For added spice include 1/4 tsp cinnamon, ginger, tumeric and cardamon.

Combine all of the ingredients into a saucepan over high heat, using a whisk to break up any clumps. Pour into a mug and serve. Top with your favourite scoop of Cocofrio ice cream for that extra indulgence. Enjoy!



WANT TO BECOME A STOCKIST



If you are wanting to provide Cocofrio to your customers please [click here](#) and contact us. A member of the Cocofrio team will be in touch to assist you with your requirements.



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VEGAN



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